



## 2008-2009 WCC Spring All-Conference Performers:

### WCC-North Baseball

#### Cathedral

Andrew Thome  
Nate Schmidt  
Kevin Wenner  
Nick Maiers  
Sean Carnahan  
Adam Sperl  
Spencer Gebhardt – Honorable Mention

#### New London-Spicer

Kevin Saine  
Luke Peterson  
Luke Reiter  
Jake Hartley – Honorable Mention

#### Sauk Centre

Justin Sabrowsky  
Michael Buschette  
Logan Stepan – Honorable Mention

#### Foley

Justin Wennerberg  
Zach Jackson – Honorable Mention

#### Mora

Logan Orazem  
Jake Oslin  
Dylan Graves  
Joe Mork – Honorable Mention

#### Albany

Zach Posterick  
Taylor Holthaus  
Lee Spohn  
Bryan Schlangen  
Reed Voit  
Nate Ronning  
Kyle Lieser – Honorable Mention

#### Long Prairie-Grey Eagle

D.J. Ruby  
Taylor Kaiser – Honorable Mention

#### Milaca

Alex Haas  
Cory Polsfuss – Honorable Mention

#### Melrose

Justin Wolbeck  
Jordan Tschida  
Breant Terres – Honorable Mention

MOST VALUABLE PLAYERS – Dylan Graves – Mora; Zach Posterick - Albany



## WCC-South Baseball

### ACGC

Jordan Tanner  
Brooks Maurer  
Jeff Peterson  
Travis Frederickson – Honorable Mention

### BOLD

Shawn Dollerschell  
Derek Smith  
Sam Steffel  
Kyle Seehusen  
Tyler Hebrink – Honorable Mention

### Montevideo

Ryan Tostenson  
Christian Barbender  
Mitch Christiansen – Honorable Mention

### Minnewaska

Mike Whittemore  
Alex Henricks  
Trenton Berg – Honorable Mention

### YME

Dylan Lindstrom  
Travis Enger  
Honorable Mention – Derek Dyrdaahl

MOST VALUABLE PLAYER – Nathan Nietfeld - Paynesville

### Benson

Kyle Peterson  
Dan Martin – Honorable Mention

### LQPV

Tronn Tosel  
Scott Bormann  
Eric Paalson  
Baxter Dufrane  
Aaron Olson – Honorable Mention

### Morris

Dusty Sauter  
Tyler Hansen  
Nate Gades  
Darrick Henrichs – Honorable Mention

### Paynesville

Nathan Nietfeld  
Shane Kampsen  
Jake Deadrick  
Aaron Savekoul  
Jon Kersman  
Casey Hess  
Honorable Mention – Eric Wolbeck



## WCC-North Fastpitch Softball

### Cathedral

Emily Ruegemer  
Katelyn Ley  
Lauren Hagen  
Jodi Pfannenstein  
Kendra Wocken  
Hannah Wocken – Honorable Mention

### New London-Spicer

Jenna Moritz  
Jessica Rosendahl  
Erika Norris  
Briana Jacobson  
Taylor Thompson – Honorable Mention

### Sauk Centre

Amber Denny  
Chelsea Donnay – Honorable Mention

### Foley

Ashley Theil  
Brianna Herbst  
Tessa Winkelman  
Bethany Halverson – Honorable Mention

### Mora

Kelsey Erickson  
Miranda Balvin – Honorable Mention

### Albany

Katie Weyer  
Courtney Schirmers  
Amber Schoenecker  
Jenna Schlangen  
Honorable Mention – Emma Zierden

### Long Prairie-Grey Eagle

Rosalie Miller  
Kali Kleinschmidt  
Cari Blommel  
Hailey Springer  
Ellie Gray – Honorable Mention

### Milaca

Megan Kok  
Katie Loegering  
Lindsey Westphal – Honorable Mention

### Melrose

Maggie Niemi  
Jessica Tomasek – Honorable Mention

MOST VALUABLE PLAYER – Emily Ruegemer - Cathedral



## WCC-South Fastpitch Softball

### ACGC

Bethany Nelson  
Jazmin Peterson  
Rachel Wright  
Kayla Dallmann – Honorable Mention

### BOLD

Christy Gass  
Brenna Holwerda  
Hillary Mages  
Brittany Dahlke

### Montevideo

Kayla Bergot  
Shelby Monahan – Honorable Mention

### Minnewaska

Laura Paulson  
Alicia Pfeninger  
Cassie Jacobs  
Abby Kreitlow  
Jordan Stalker  
Aundrea Johnson – Honorable Mention

### YME

Livi Jeseritz  
Aimee Johnson  
Honorable Mention – Lauren Trudel

MOST VALUABLE PLAYER – Christy Gass - BOLD

### Benson

Taylor Semler  
Datrianna Jenson  
Julia Ahrndt – Honorable Mention

### LQPV

Ellissa Schmidt  
Karley Weir – Honorable Mention

### Morris

Mary Rentz  
Dani Schultz  
Sara Beyer  
Kelsey Amundson – Honorable Mention

### Paynesville

Whitney Woehler  
Jessica Klein  
Jennifer Paul  
Keely Meagher  
Jasmine Kalkbrenner



## WCC Boys' Tennis

### All Conference

Nate Korf – LP-GE	– 100 points
Jordan Otto – Cathedral	– 95 points
Alex Wiegman – NL-S	– 90 points
Steven James – Benson	– 80 points
Will Johnson – Benson	– 80 points
Luke Widseth – Benson	– 80 points
Jack Hanson – LQPV	– 85 points
Nick Jansen – Foley	– 83 points
Berent Uhlenkamp – LP-GE	– 80 points
Walker Zabloski – Foley	– 75 points
Dylan Hoffman – Minnewaska	– 75 points
Bradi Hanes – Foley	– 73 points
Benjamin Peters – Minnewaska	– 71 points
Aaron Zimmer – Foley	– 71 points
Michael Nies – LP-GE	– 70 points
Taylor Jarman – Montevideo	-70 points
Dakotah Frazier – Montevideo	– 68 points
Josh Connell – Montevideo	– 69 points
Zach Treptau – NLS	– 68 points
Logan Bengston – NLS	– 68 points
Matt Hagestuen – Benson	– 66 points
Ben Murphy – Benson	– 65 points
Erik Frank – Cathedral	– 64 points
Loren Johnson – NLS	-64 points
Steven Dotzler – Foley	–61 points
Justin Brinkman – Melrose	– 60 points
Charlie Landmark – Montevideo	– 60 points
Tanner Blair – Minnewaska	– 60 points
Jordan Beumer – Cathedral	– 60 points
Kris Wensmann – Melrose	– 60 points

### Honorable Mention:

Elijah Wilson – NL-S, Ahren Backman – Benson, Seth Smiglewski – YME, Joe Pesta – LP-GE, Mike Olson – Mora, Cody Ritter – Melrose, Jared Beumer – Cathedral, Tanner Holten - Waska



## WCC-South – Girls' & Boys Track & Field

### Girls' 100 Meter Dash

1. Kendra Mooberry
2. Anna Asmus

### Girls' 400 Meter Dash

1. Anna Asmus
2. Jamila Stimpel

### Girls' 1600 Meter Run

1. Melissa Varpsness
2. Linda Keller

### Girls' 100 Meter Hurdles

1. Sarah Sannerud
2. Catherine James

### Girls' 4 x 100 Relay

1. Benson
2. YME

### Girls' 4 x 400 Relay

1. Paynesville
2. Montevideo

### Girls' High Jump

1. Christine Flemming
2. Briquelle Bowden

### Girls' Long Jump

1. Kendra Mooberry
2. Emma Peterson

### Girls' Shot Put

1. Liberty Slinden
2. Amber Miller

### Boys' 100 Meter Dash

1. Nick Lecy
2. Ryan Hoim

### Girls' 200 Meter Dash

1. Kendra Mooberry
2. Anna Asmus

### Girls' 800 Meter Run

1. Emma Peterson
2. Melissa Varpsness

### Girls' 3200 Meter Run

1. Madi Sachs
2. Makena Hofer

### Girls' 300 Meter Hurdles

1. Kendra Mooberry
2. Catherine James

### Girls' 4 x 200 Relay

1. ACGC
2. LQPV

### Girls' 4 x 800 Relay

1. Benson
2. Minnewaska

### Girls' Pole Vault

1. Rachel Moser
2. Melaina Mrozek

### Girls' Triple Jump

1. Calista Bergerson
2. Kayla Hampton

### Girls' Discuss

1. Liberty Slinden
2. Lauren Kinzler

### Boys' 200 Meter Dash

1. Nick Lecy
2. Lincoln Arnold



Boys' 400 Meter Dash

1. Joel Bauman
2. Taylor Nohl

Boys' 1600 Meter Run

1. Ryan Swenson
2. Stefan Lemke

Boys' 110 Meter Hurdles

1. Justin Hanson
2. Travis Jimenez

Boys' 4 x 100 Relay

1. LQPV
2. YME

Boys' 4 x 400 Relay

1. Morris
2. LQPV

Boys' High Jump

1. Kruiz Lindblad
2. Anton Leiseth

Boys Long Jump

1. Kruiz Lindblad
2. Travis Jimenez



Boys' 800 Meter Dash

1. Ryan Swenson
2. Aaron Lindahl

Boys' 3200 Meter Run

1. Stefan Lemke
2. Ben Murphy

Boys' 300 Meter Hurdles

1. Travis Jimenez
2. Justin Hanson

Boys' 4 x 200 Relay

1. Morris
2. ACGC

Boys' 4 x 800 Relay

1. Benson
2. LQPV

Boys' Pole Vault

1. Ryan Thompson
2. Destry Skjefte